



O que é saúde? (Portuguese Edition)

Naomar de Almeida Filho

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Durante muito tempo, a saúde foi entendida simplesmente como o estado de ausência de doença. Considerada insatisfatória, esta definição de saúde foi substituída por outra, que engloba bem-estar físico, mental e social. Embora mais abrangente, o novo conceito não está livre de dificuldades, sobretudo quando se leva em conta a legitimidade dos movimentos que defendem a ‘saúde para todos’. “A partir daí, a sociedade literalmente bate à porta das instituições acadêmicas e científicas que supostamente deveriam saber o que é, como se mede e como se promove ‘essa tal de saúde’”, problematiza o autor, que é professor de Epidemiologia da Universidade Federal da Bahia (Ufba). Ao contrário do que possa parecer à primeira vista, a obra demonstra que a definição de saúde não é trivial e constitui grande lacuna epistemológica no campo da saúde coletiva. Os capítulos retomam os debates filosófico, teórico, metodológico e pragmático sobre saúde, doença e noções correlatas, como vida e qualidade de vida, morte, sofrimento, cuidado e iniquidades.

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