



Double Time: How I Survived---and Mostly Thrived---Through the First Three Years of Mothering Twins

Jane Roper

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Becoming a mother is rarely what you expect.

Jane Roper never expected she'd have twins—or that they'd be such a spirited twosome. She didn't expect that finding the right balance of work and home would be so tricky. And she certainly didn't expect she'd grapple with a diagnosis of bipolar disorder during her daughters' toddler years. But she also didn't anticipate just how much joy, laughter and self-discovery motherhood would bring.

Full of warmth, honesty, occasional advice, and a generous helping of humor, *Double Time* is a smart and engaging account of the first three years with multiples and a refreshingly candid and vulnerable look at clinical depression. It's a memoir that will resonate countless women—especially those parenting in double time.

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