

# A Taste of Heaven: A Guide to Food and Drink Made by Monks and Nuns

Madeline Scherb



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### A Taste of Heaven: A Guide to Food and Drink Made by Monks and Nuns

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A Taste of Heaven: A Guide to Food and Drink Made by Monks and Nuns Madeline Scherb Madeline had been dreaming about changing her life. But something kept getting in the way. Bills, work, family commitments. Then she had an epiphany. She left New York and traveled for two years to some of the most remote monasteries on earth. She asked one question: What can the rest of us learn from monks and nuns and the life they lead? A Taste of Heaven gives you the answers.

- A Taste of Heaven is for you if:
- \*You dream of changing your life
- \*You need inspiration for following your dream
- \*You have put off your dream for years

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Spent a free time for you to be fun activity to perform! A lot of people spent their down time with their family, or their very own friends. Usually they carrying out activity like watching television, planning to beach, or picnic within the park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your current free time/ holiday? May be reading a book might be option to fill your free time/ holiday. The first thing you ask may be what kinds of e-book that you should read. If you want to consider look for book, may be the e-book untitled A Taste of Heaven: A Guide to Food and Drink Made by Monks and Nuns can be great book to read. May be it may be best activity to you.

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