



Tea Light Moments for a Woman's Soul: Meditations to Inspire Your Day

Hope Lyda

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Author of the bestselling One–Minute Prayer Books and One–Minute with God Devotions (combined sales of more than 550,000) Hope Lyda invites women to light a candle, take a deep breath, and shape an in–between moment of the day into a time of inspiration. This gathering of devotions offers a sanctuary filled with:

- First Light: Quotes from Scripture and literature to refresh readers
- Meditations to explore wonder, contentment, purpose, faith, and much more
- Questions to illuminate every woman’s journey
- Brief prayers to lead readers to conversation with God
- Afterglow: Encouragement to take into the day

Tea Light Moments for a Woman’s Soul and is perfectly sized to complement any gift to a friend, to take along for refreshment throughout the day, and to keep and revisit when a spark of restoration and celebration is just what a woman needs.

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