



I Don't Know What I Want But I Want to Be Happy

Kimberly Kirberger, Jesse Kirberger

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Happiness is a choice available to you whenever you decide you want it.

If your outlook on life has become a continuous 'whatever,' if you think of your life as a 'hit-and-miss' game that you mostly 'miss,' if you are tired of feeling like a victim of your own negativity, you're not alone! *I don't know what I want but I want to be happy* is about learning how to find the happiness that you think is missing from your life. It's about deciding what you want, setting goals, and then going about achieving them. It's about really examining yourself and turning everything upside-down and inside-out so you can find the parts that work for YOU.

Now, get happy by:

- getting rid of negative self-talk
- finding creative outlets
- feeling healthier
- having a 'gratitude attitude'
- telling the difference between want and need
- making happy time...and so much more

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William Lee:

In this period of time globalization it is important to someone to get information. The information will make someone to understand the condition of the world. The condition of the world makes the information easier to share. You can find a lot of references to get information example: internet, magazine, book, and soon. You can view that now, a lot of publisher this print many kinds of book. The book that recommended to you is I Don't Know What I Want But I Want to Be Happy this guide consist a lot of the information of the condition of this world now. That book was represented how do the world has grown up. The vocabulary styles that writer value to explain it is easy to understand. The actual writer made some investigation when he makes this book. Here is why this book acceptable all of you.

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