



You and Your Aging Parent

Barbara Silverstone

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Originally published in 1976, *You and Your Aging Parent* is now regarded as the first book to recognize that the problems of the elderly could not be considered apart from an understanding of the needs of their middle-aged children. It broke new ground in exploring the emotional and intergenerational conflicts that many families have to deal with before reaching out to resources in the larger community for additional help.

Completely updated and extensively revised, this third edition focuses on the impact of some of the most important changes and developments affecting the condition of the elderly and their care, including the new Medicare Catastrophic Coverage Act of 1988, the appearance on the national scene of insurance for long-term illness, the establishment of nursing homes as standard fixtures in most communities, the rise of "elder law," and the rapid growth of support groups for relatives of the frail and disabled elderly.

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