



Culture and Identity: Life Stories for Counselors and Therapists

Anita Jones Thomas, Sara E. Schwarzbaum

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Combining compelling real-life autobiographies with sound theoretical formulations that explore race, ethnicity, gender, class, religion, sexual orientation, and disability, this multicultural counseling text uniquely prepares students for real-life clinical situations and helps them to understand the influence of culture on identity development, sense of self, family, and interpersonal relationships. Each chapter includes theoretical content tied to a story, with a comprehensive and varied array of themes that current and future clinicians are likely to encounter in their own clients' histories.

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