



# 98 Things a Woman Should Do in Her Lifetime

*Rebekah Shardy*

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## **98 Things a Woman Should Do in Her Lifetime** Rebekah Shardy

Do things you've never thought of . . . or the things you secretly wish to do. Author Rebekah Shardy challenges the open-minded women to do things they've never tried-or dared-to do before. It's the perfect gift for any woman, whether she has everything or not!

*98 Things a Woman Should Do in Her Lifetime* invites the reader to enjoy simple pleasures brimming with compassion, humor, and spirituality while saving a trip to the therapist's office. Among the 98 nuggets of inspiration:

- \* Tell Richard Simmons to just shut up and sit down.
- \* Sing to a child.
- \* Learn a few choice phrases in French or Russian to use when flirting or angry.
- \* Create an altar in honor of your female ancestors and mentors.
- \* Interview three plastic surgeons and tell them why your body's flaws are precious to you.
- \* Whisper your darkest secrets to a beloved tree.
- \* Forgive the unforgivable.

*98 Things a Woman Should Do in Her Lifetime* can help a woman live out her adventurous fantasies with outrageous style.

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