



Psychoedukatives Training bei Abhängigkeitserkrankungen (Störungsspezifische Psychotherapie) (German Edition)

Franziska Schober, Peter Peukert, Friederike Wernz, Anil Batra

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Patienten mit einer Abhängigkeit von Alkohol, Drogen oder Medikamenten bilden eine große Gruppe unter psychisch Erkrankten. In der psychotherapeutischen Behandlung werden psychoedukative Techniken zur Förderung und Unterstützung der Abstinenzmotivation genutzt. Das Manual enthält eine große Auswahl an detailliert dargestellten suchtspezifischen Therapiemodulen für den ambulanten und stationären Rahmen und ist auf alle Suchtmittel übertragbar.

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