



You've Got Personality

Mary McGuiness

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You've Got Personality is designed to use when introducing a client to the 16 personality Types described by Carl Jung and Isabel Briggs-Myers. This 44-page book describes in detail all the basic theory behind the 16 Types. It describes each of the eight preferences and the eight Jungian functions, and outlines the typical stages of development that Types experiences as they move from childhood to midlife. The book explains the four majors communication styles and gives practical suggestions on how to communicate with each personality Type. There is also an explanation of the behaviour of the Inferior function and how it causes stress. The four Temperaments are explained briefly, showing the link between Temperament and Type theory.

This book contains very comprehensive two-page descriptions of each Type. These descriptions include the strengths and potential difficulties of the Type, plus a description of how the person's Type influences communication, relationships, learning, leisure and stress. Workplace behaviour is also described, explaining the needs and behaviour at work, team role behaviour, leadership style and typical career choices. One half page is devoted to an outline of the stages of development over the lifespan, explaining the typical experiences and challenges in childhood, adolescence, early adulthood and midlife.

A unique feature of this book is the accuracy of the Type descriptions. The data for these descriptions was collected over a period of more than fifteen years, and came from people describing their own Type in detail. The information was all new information and is presented in this book as it was expressed by the contributors. The result is accurate descriptions that immediately resonate with the reader when they read their own Type description. Since publication in 2004 this book has sold more than 120,000 copies.

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Melinda Miller:

Hey guys, do you desires to finds a new book to read? May be the book with the title You've Got Personality suitable to you? Often the book was written by well-known writer in this era. The particular book untitled You've Got Personality is a single of several books in which everyone read now. This book was inspired a number of people in the world. When you read this guide you will enter the new shape that you ever know just before. The author explained their plan in the simple way, and so all of people can easily to be aware of the core of this reserve. This book will give you a large amount of information about this world now. So that you can see the represented of the world in this particular book.

Billy Taylor:

Exactly why? Because this You've Got Personality is an unordinary book that the inside of the publication waiting for you to snap the idea but latter it will surprise you with the secret this inside. Reading this book alongside it was fantastic author who else write the book in such incredible way makes the content interior easier to understand, entertaining way but still convey the meaning fully. So , it is good for you because of not hesitating having this ever again or you going to regret it. This book will give you a lot of rewards than the other book possess such as help improving your expertise and your critical thinking technique. So , still want to hold up having that book? If I had been you I will go to the reserve store hurriedly.

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