



Educando a los hijos con inteligencia emocional (Spanish Edition)

Neva Milicic

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El desafío de ser padres conlleva una serie de cuestionamientos sobre cómo guiar a nuestros hijos y proporcionarles las herramientas necesarias para poder desenvolverse en las distintas etapas de sus vidas. Para esto, es imprescindible construir vínculos afectivos sólidos entre padres e hijos, fortalecer su confianza y formar niños empáticos, seguros de sí mismos y con una mirada positiva de su entorno. Educando a los hijos con inteligencia emocional nos enseña a reflexionar y darnos cuenta que no basta con querer incondicionalmente a nuestros hijos, sino que también debemos ser buenos modelos para ellos, fortaleciendo nuestro propio desarrollo social y emocional. A través de estas páginas, la destacada psicóloga Neva Milicic transforma las complejas expresiones clínicas de la psicología en un lenguaje sencillo y cercano a los padres, con ejemplos de situaciones cotidianas. En una atmósfera de calidez y cercanía, los padres encontrarán pautas a seguir en la maravillosa aventura de construir una familia.

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