



Cello Practice, Cello Performance

Miranda Wilson

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What does it mean to perform expressively on the cello? In *Cello Practice, Cello Performance*, professor Miranda Wilson teaches that effectiveness on the concert stage or in an audition reflects the intensity, efficiency, and organization of your practice. Far from being a mysterious gift randomly bestowed on a lucky few, successful cello performance is, in fact, a learnable skill that any player can master.

Most other instructional works for cellists address techniques for each hand individually, as if their movements were independent. In *Cello Practice, Cello Performance*, Wilson demonstrates that the movements of the hands are vitally interdependent, supporting and empowering one another in any technical action. Original exercises in the fundamentals of cello playing include cross-lateral exercises, mindful breathing, and one of the most detailed discussions of intonation in the cello literature. Wilson translates this practice-room success to the concert hall through chapters on performance-focused practice, performance anxiety, and common interpretive challenges of cello playing.

This book is a resource for all advanced cellists—college-bound high school students, undergraduate and graduate students, educators, and professional performers—and teaches them how to be their own best teachers.

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