



The Quest for Immortality: Science at the Frontiers of Aging

Bruce A. Carnes, S. Jay Olshansky

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"This is by far the best book I've read on the science of aging."—Andrew Weil, M.D.

"Life-span Truth Will Set You Free from Age-old Worries," announced the *Chicago Tribune* upon the first publication of this book. *The New England Journal of Medicine* confirmed, "For readers interested in aging and longevity, this small book clearly explains the major concepts...extremely enjoyable to read." From *NBC Nightly News with Tom Brokaw* to *Scientific American* to the *New York Times*, S. Jay Olshansky and Bruce A. Carnes have stirred up controversy and brought clarity to an issue often muddled by exaggeration and pseudoscience. Medical science has uncovered a host of answers to the problems of aging, but many of the most exciting discoveries are buried in scientific journals or overshadowed by popular quick-fix treatments. *The Quest for Immortality* explains the real science of aging and shows which treatments offered by today's multi-billion-dollar anti-aging industries offer real hope, and which are a waste of money and time.

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