

The Everything Father's First Year Book: A survival guide for the first 12 months of being a dad (Everything®)

Iannelli Vincent

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Change a diaper? Soothe a crying baby? Function on just a few hours of sleep? Anything moms can do, dads can do--with a little help!

Becoming a father is a colossal event in a man's life. For nine months, he thought about, worried about, and dreamed about his new child, and finally his little bundle of joy is here. So, now what? This all-in-one guide shows new dads how to:

- Bond with their new baby
- Interpret baby's cries
- Be supportive to their partner
- Handle the changes to their relationship and sex life
- Childproof the house

Plus, this new edition features updated advice on safety issues like vaccinations, financial issues like health insurance and retirement, and cool high-tech gadgets to track and treasure each moment of their new baby's life. Complete with medical advice and practical information, this is the new dad's key to raising a happy and healthy baby.



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