



Portuguese Soul Food

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Soups, entrees, fish, seafood, meat, poultry, pasta and pastries-in Portuguese Soul Food, you will find the recipe for an adequate and traditional Portuguese dinner, able to surprise any guest at any occasion. Dishes are easy to prepare and, will certainly be a hit at any table. You can enjoy traditional dishes from the north of Portugal, with a bit of Spanish flair. These Portuguese dishes are brought to life expressing the author and her country's culture, has well the every day life. Whether you are already acquainted with some of the exciting Portuguese flavors, you will enjoy some of the most traditional and elegant recipes from the North of the Portugal. ""The dishes have the taste of the maker...""

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