



# Clinical Practice Guidelines For Midwifery & Women's Health

*Nell L. Tharpe, Cindy L. Farley, Robin G. Jordan*

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Clinical Practice Guidelines for Midwifery & Women's Health, Fifth Edition is an accessible and easy-to-use quick reference guide for midwives and women's healthcare providers. Completely updated and revised to reflect the changing clinical environment, it offers current evidence-based practice, updated approaches, and opportunities for midwifery leadership in every practice setting. Also included are integrative, alternative, and complementary therapies. The Fifth Edition examines the transition to the use of ICD-10 codes, women's health policy and advocacy, risk assessment and decision-making in practice, and inspiring trust in midwifery care. New clinical practice guidelines include health promotion and primary care practice, such as promoting restorative sleep, optimizing oral health, promoting a healthy weight, and caring for the woman with a substance abuse disorder. In addition, it features expanded and updated information on a wide-variety of topics, such as sexual diversity and gender identity, hypertensive disorders of pregnancy and preeclampsia, physiologic labor and prevention of the primary cesarean, birth options and locations, assessing the fetus, the latest practice recommendations on delayed cord clamping and family-centered cesarean, and the Walcher and Tharpe maneuvers for management of shoulder dystocia. Each new print copy includes Navigate 2 Advantage Access that unlocks a comprehensive and interactive eBook, student practice activities and assessments, a full suite of instructor resources, and learning analytics reporting tools.

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