



# **Can I Just Ask?: The 250+ Curious Questions that Off-Duty Doctors Are Most Often Asked**

*Dr Christian Jessen*

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Dr Christian Jessen, the unshockable presenter of the hit television shows, *Embarrassing Bodies* and *Supersize vs. Superskinny*, is always being tackled by strangers wanting answers to their most private medical questions. Like all doctors, Dr Christian finds people sidling up to him with their questions at parties, on trains, and even in the street. So why don't people ask their own doctors these questions in the more formal setting of the medical surgery? And what are the most common questions? *Can I Just Ask...?* provides the answers in a fun and informative book that includes:

- urban health myths busted
- advice for common problems we don't like to talk about
- specific sections for male/female health issues, curious facts, sex, diet, medicines, fitness and more
- plenty of surprising facts and figures to help trivia-hungry readers better understand the mysterious workings of their bodies.

Sometimes humorous, often surprising and always informative, this book will answer all your questions, whether you have a worrying health dilemma or just a curious mind!

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