

## Banish Clutter Forever: How the Toothbrush Principle Will Change Your Life

Sheila Chandra

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# Banish Clutter Forever: How the Toothbrush Principle Will Change Your Life

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Banish Clutter Forever: How the Toothbrush Principle Will Change Your Life Sheila Chandra Why is it that even the most disorganised person never seems to lose their toothbrush?

How can this simple fact solve all our clutter problems?

The Toothbrush Principle is a simple yet inspired approach to de-cluttering your home. Whether you live in a mansion or a bedsit, this book will show you how to: organise according to the unconscious blueprint that naturally tidy people have, so that getting and staying organised is easy; know what to throw away with confidence; set up your wardrobe so you get much more use out of the clothes you have; work from home productively in a clear, designated space; tame your inbox!

Step-by-step, room-by-room, you'll soon find that you hardly ever lose things, massive clear outs become a thing of the past and you never spend more than 10 minutes a day tidying up.

So stop drowning in piles of clutter, learn how to be organised and start creating space to live out the life of your dreams!



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