



Gluten Is My Bitch: Rants, Recipes, and Ridiculousness for the Gluten-Free

April Peveteaux

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Living gluten-free is not a whole lot of fun, but at least April has managed to make it funny. *Gluten Is My Bitch* is a brutally honest, entertaining look at what living a gluten-free life entails. As an antidote to the tragic news that, no, you will never eat regular donuts again, April provides 40 gluten-free comfort food recipes and a bonus 20 new recipes in this new edition that will make even the most frustrated gluten-intolerant smile with relief. In this edition, April addresses the challenges of sustaining a gluten-free lifestyle once you've transitioned from the gluten-filled world. With updated resources and brand-new recipes for everyday meals, this edition offers a complete look at living gluten-free for life.

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