



Don't Sweat The Small Stuff 2002 Day-To-Day Calendar

Richard Carlson

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Dr. Richard Carlson has become America's stress-reducing guru with his Don't Sweat The Small Stuff series of books. The original Don't Sweat The Small Stuff has sold more than 8 million copies, and the total sales of all the Don't Sweat The Small Stuff books exceed 12 million copies. Dr. Carlson's simple, straightforward advice for enjoying life more and stressing less while contributing peace and love to the world is effective and easy to follow. This calendar combines the best from the entire Don't Sweat The Small Stuff collection to help readers cultivate the kind, gentle part of themselves and live life in a more rewarding way.

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