



Dr. Atkins' Health Revolution: How Complementary Medicine can Extend Your Life

Robert C. Atkins

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Dr. Atkins' Diet Revolution, *Dr. Atkins' Superenergy Diet*, and *Dr. Atkins' Nutrition Breakthrough* ushered in a new era in the way we look at health and nutrition. Now, in his most important book to date, the noted physician and best-selling author calls for dramatic changes in conventional medicine and reveals the "new medicine" of the future that we already working wonders for thousands of patients today!

Dr. Atkins' Health Revolution offers readers a powerful new program based on a low-carbohydrate/low-sugar diet combined with nutritional supplements, biologic medicines, and the latest breakthroughs in mainstream medicine that can produce a level of health and fitness that conventional medicine alone can't offer. Dr. Atkins calls this revolutionary approach "complementary"--and explains how it is the way we will all be treated...ten years from now! Using patient-tested therapies and treatments from a wide variety of healing arts, Dr. Atkins presents a commonsense guide to alternative medicine that works. Here is the latest information on:

The crucial connection between diabetes and carbohydrates.

>A simple, effective *drug-free* way to prevent headaches.

Treating PMS, fibroids, and other female problems *without* surgery and *without* hormones.

The role of chelation and EDTA therapy in treating cardiovascular disease.

The many causes and *many cures* of irritable bowel syndrome (IBS).

Plus the Atkins Center's nutritional prescriptions for insomnia, hypertension, arthritis, osteoporosis, allergies, and much, much more!

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