

# Chicken Soup for the Soul: Create Your Best Future: Inspiring Stories for Teens and Young Adults about Making the Right Decisions

Amy Newmark



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### **Chicken Soup for the Soul: Create Your Best Future: Inspiring Stories for Teens and Young Adults about Making the Right Decisions** Amy Newmark

You can't be a success in life if you can't get along with other people — at home, at school, and at play. This collection of stories about tolerance, acceptance, self-esteem, and making good decisions will help teens and young adults create their best future.

The values that young adults learn today will stay with them for the rest of their lives and help them become the best adults they can be. The inspiring personal stories in this collection are a great way for teens and young adults to not just read about role models, but to learn how to be role models — exhibiting qualities of tolerance, acceptance and self-esteem, and making good decisions.

This book harnesses the power of storytelling to inspire and teach teens and young adults while also entertaining them. Key issues such as bullying; religious, ethnic, and lifestyle tolerance; values; and sticking up for what's right are addressed in stories selected from Chicken Soup for the Soul's vast library of bestselling books, representing the best on these topics from the company's 22-year history.

This book is a joint project of Chicken Soup for the Soul and The Boniuk Foundation, which are working together to promote tolerance, respect, and compassion, inspiring young people and adults to embrace their differences, reject stereotypes, and make good choices. The book is part of a larger effort that includes additional books for kids and preteens, college students, parents, and grandparents, as well as a family television show every Saturday morning starting in October.

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