



The Joy of Swimming: A Celebration of Our Love for Getting in the Water

Lisa Congdon

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From Lisa Congdon, bestselling author of *Whatever You Are, Be a Good One*, this lovely new book invites readers to dip into the many joys of swimming. Congdon brings her personal passion as a lifelong swimmer to this beautiful and thoughtful celebration of getting in the water. Hand-lettered inspirational quotes, watercolor portraits paired with real people's personal stories, illustrated collections of vintage objects—colorful swim caps, bathing suits through the ages, traditional pool signs—and much more evoke the beauty and inspiration of the subject. An emphasis on swimming as a way of life—taking the leap, going with the flow—makes this delightful volume one that will speak to serious swimmers, vacation paddlers, and anyone pondering their next high dive.

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Playing with family in a park, coming to see the ocean world or hanging out with good friends is thing that usually you will have done when you have spare time, subsequently why you don't try matter that really opposite from that. 1 activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love The Joy of Swimming: A Celebration of Our Love for Getting in the Water, you can enjoy both. It is excellent combination right, you still want to miss it? What kind of hang type is it? Oh seriously its mind hangout fellas. What? Still don't get it, oh come on its named reading friends.

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