



# Cooking With Love

*Ruth Milstein*

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## **Cooking With Love** Ruth Milstein

Did you ever think there could be 'nothing new under the sun'? Ruth Milstein dispels this notion with her new book for American cuisine. Little is known about the wide array of exotic yet comfortable and easy-to-make food associated with the Mediterranean and Israeli cuisine, so Ruth Milstein sheds light on this unknown delight. Exploring this expansive gourmets heaven with recipes that are eye openers for the experienced chef as well as the novice cook, *Cooking With Love* brings New Israeli Cuisine to the States. *Cooking With Love* offers an amalgam of dishes to meet every connoisseurs desire, including specific sections like Lamb, Lamb Stew with Black Olives; Pies, like Cheese and Spinach Pie; Rice, showing how to make Rice with Green Peas; and Breads, like the American favorite Glazed Banana Bread. So throw out those boring, tired weeknight recipes and make your meals sizzle with these enticing Mediterranean ideas.

\*Winner of the 2009 Best Mediterranean Cuisine Book from the Gourmand World Cookbook Awards.\*

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